

Family doctor

See your family doctor for all non-urgent health concerns.



- Long term illnesses
- Pain management
- Stubborn cold and cough

Healthline

Call 0800 611 116 for free health advice from a nurse.



- Available 24 hours, 7 days a week
- Interpreters available
- Health advice from a nurse

Accident and Medical (A&M)

If your family doctor is not available, go to your nearest A&M clinic.



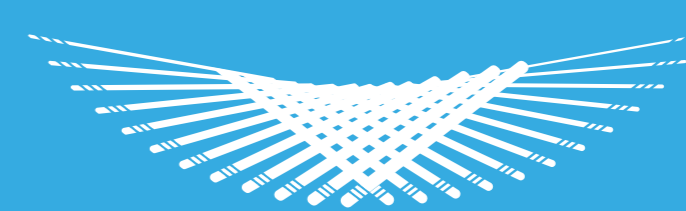
- Eye injuries
- Mild asthma
- Sports injury
- Minor illness

Hospital

If it's a life threatening emergency call 111.



- Chest pain
- Head injury
- Severe blood loss
- Major accident



COUNTIES
MANUKAU
HEALTH

The right care for you

Keep well for you, your whaanau and for your community