

# What to do in an emergency

In the unlikely event of an emergency, Counties Manukau Health staff are trained to attend to patient's needs.

Visitors should remain calm and follow their instructions.

## Fire



Never ignore a fire alarm.



Everyone must evacuate the building using the nearest fire exit. Do not use the lifts.



Once outside, move away from the building and assemble where directed by staff.

**ALL CLEAR**

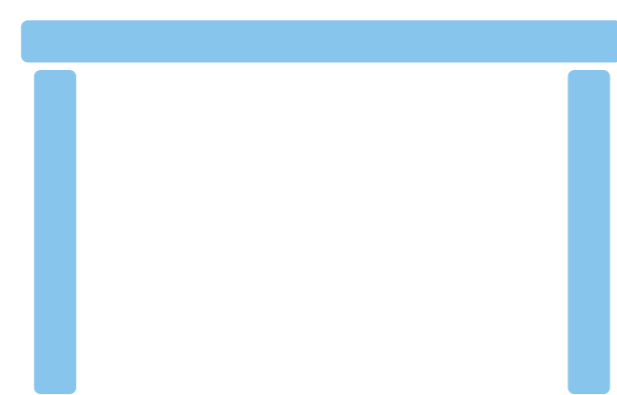
Do not re-enter the building until given the 'all clear'.

## Earthquake

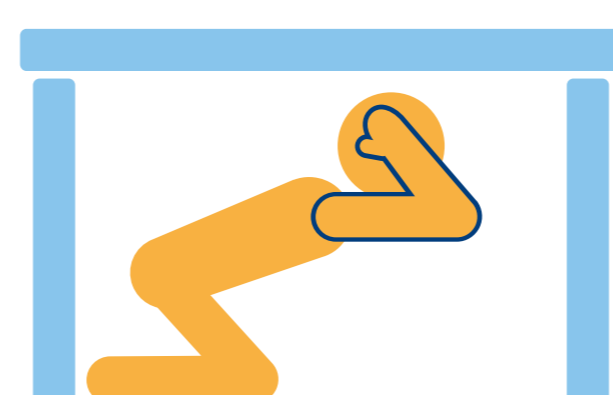
Most injuries during earthquakes are caused by furniture and building fittings around you rather than collapsing buildings.



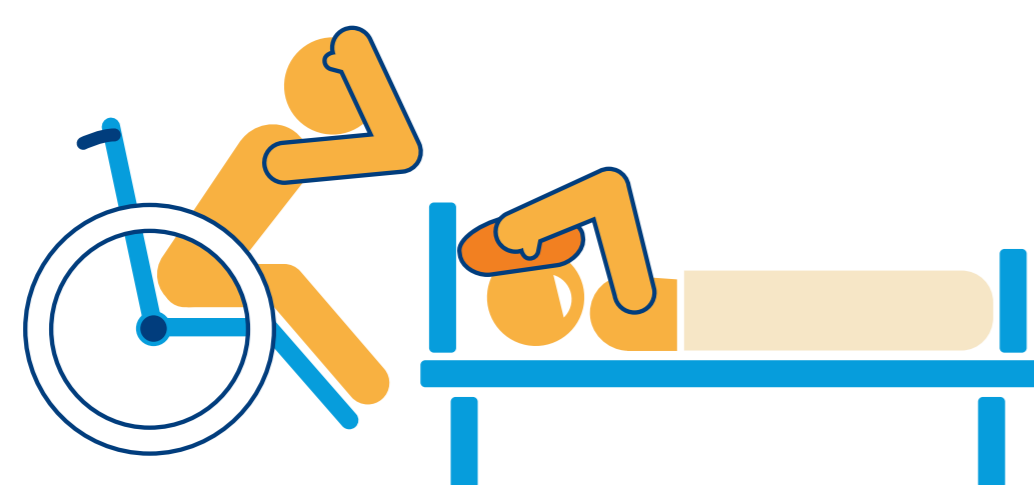
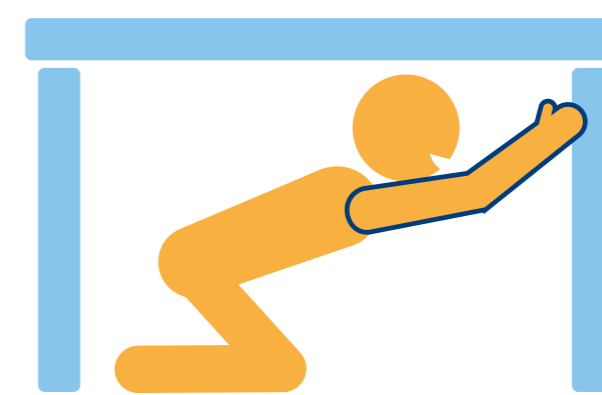
### Drop



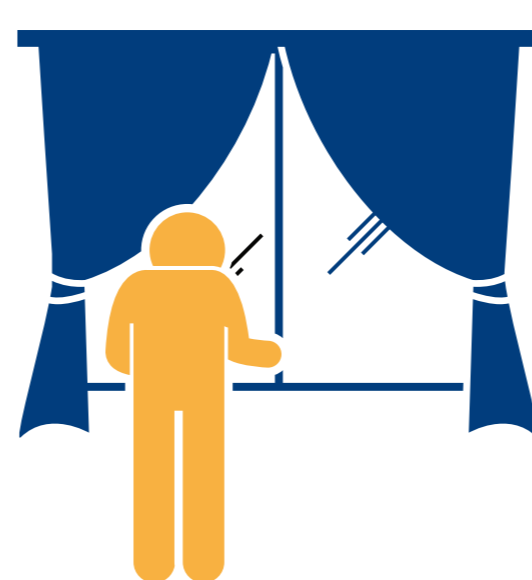
### Cover



### Hold

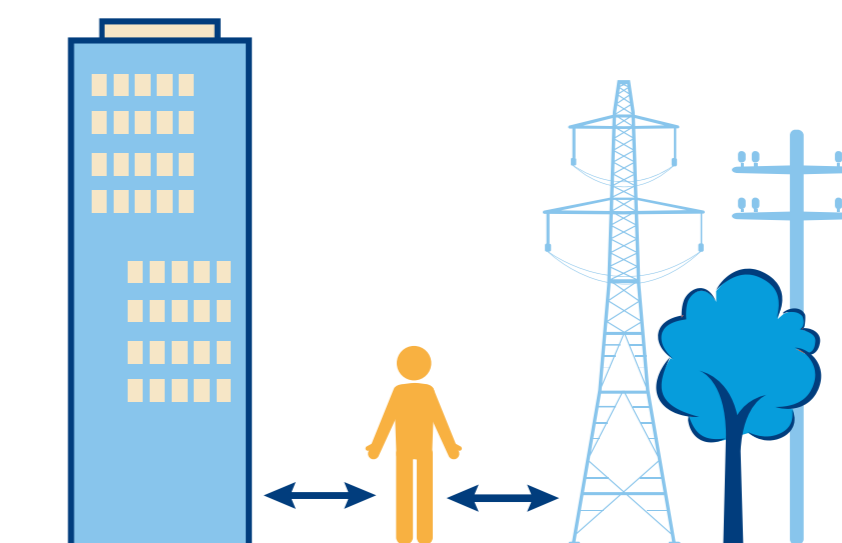


If you are unable to Drop, Cover, Hold, brace yourself as best you can, and try to find a way to protect your head and neck.



Indoors - Stay inside until the shaking stops and it is safe to exit. Leave the building with caution and watch out for falling objects.

In a tall building – same as above. Don't rush outside just because the fire alarms go off.



Outdoors – Move away from buildings, trees and powerlines, then Drop, Cover and Hold until the shaking stops.